



Ray Edwards Show, Episode 377

Everything is My Fault

- Speaker 1: [00:04](#) The Ray Edward Show. This is the podcast for prosperity with purpose. A friend of mine, Jim Edwards, whom I started, well, he's not, we're not related, but I started calling him my father whenever he was at an event where we were both speaking. So today I'm going to call him my great grandfather. I don't think he is, but he said once you can love me or you can hate me, but there's no money in the middle. Do people get hate you? Do you really get much? Oh, there are people who hate me. Yes. Jenny probably sifts through that stuff. She does
- Speaker 2: [00:45](#) every once in a while she lets one through. I think she thinks is a death threat or something. Just to keep you humble? just to keep me safe. I do. And create your own news channel. Are you going to do the whole show like this? Okay. For some reason I picture a 13 year old boy when you do that. Well you know that's quite fitting. So about last week's podcast, we said we would take a questions from listeners, but we forgot that we would not publish that podcast before we recorded this one. Right. So we can't take questions, but I've had some further thoughts I want to touch on before we move on to today's topic. Oh, today's Tommy's not written on the board. There are notes that give me a tip on what I want it to say. I'm, I'm kind of like the kindling.
- Speaker 2: [01:27](#) Okay. And you guys will bring the fire. Oh, oh. A lot of pressure. So on with your story, I bags full of hand grenades. I came up with, came up with the subject line for the email. You're ugly because you want to be, because I felt it was, we're not seeing it. Oh, that's exactly what you said. Ah, I don't think I ever said that sane. So here's, here's, you know, here's the serious question that came up with, I was thinking about this last night, um, this morning, technically at one 30 in the morning. Okay. You said there's an objective standard for beauty. Yes. Where did you get that? What did I get that well, okay, so and what does it matter if it's the opinion of other people? What's the opinion of other people? Whether you're beautiful or not? Yeah, well, okay. Yeah, no, I think these are great clarifying questions.
- Speaker 2: [02:19](#) A, I would say I'd make a distinction. I would say that if we have a term for beauty, then it has a definition

beauty, right? It has a definition and it has a set of characteristics that make it distinct from not beauty. And the, the point I was really making it was not necessarily basing it off objective reality, but was saying, uh, if you change the definition of beauty to mean that every human ever born with any facial structure or body structure or whatever is beautiful, uh, in the traditional sense, then you've basically defined beauty out of existence and it doesn't really exist. There's no, no use for it. But now I do believe you can make an argument for an objective definition of beauty, but I did three and, and how the proportions of the body and the face and there are such right thoughts, such definitions.

Speaker 2: [03:12](#)

And I would just sum it up into the, really, it goes back to what I said about the biggest loser they learned from the biggest loser is that when you are a healthy weight, you're exercising, you're eating well. And on that show they deal with a lot of the emotional pain that people didn't list. So you've dealt with some of the emotional pain that's, that led to you self-medicating by eating, then you become a more, you've, you, you fit a lot of those definitions. You just assume because that's what like that's what it is, that's what beauty is. It's health, it's symmetry, it's, it's vitality, it's all those sorts of things. So I think you can, you can develop a fairly basic list of objective characteristics that make something beautiful. But then you are going to have individual preferences. And this is where you get into the distinction where the media wants to say, all women should look like this.

Speaker 2: [04:05](#)

That was the initial error of the problem. And it was a problem. And, and the all young women and girls felt like they had to look like some names, some supermodel, and they all felt whatever the current standard is, whatever size, zero, size zero, that's a problem because people come in all sorts of different shapes and sizes. Now that does not mean, as we were saying yesterday, that that means people come fat because fat is not healthy. Uh, that is, that is, that is an effect of, of many things in your life. But people come all sorts of heights, all sorts of proportions like their shoulders to waste to that come in all sorts of shapes. And so the, the, the air was, all women should look like this or men should look like this. The, the air in reaction to that was, well, because that's so unfair to people and puts people into such a hard, um, an unrealistic standard.

Speaker 2: [04:54](#)

Well, we're just going to make people feel better by saying that they don't have to do anything. They don't have to look like anything can be beautiful. That is another air. And the, the truth, the, the, the correct way is to respond to the truth or to respond to reality. What does reality say? Reality says that there is a thing called

beauty and that people can achieve it if they're healthy. Now there are the few outliers that unfortunately cause Emoto, right. I mean, and it sucks. That's a tragedy. Do you know who caused them on those? I know who caused moto is just checking. Yeah. That and it's a tragedy. Just like anything else in the sense that you can't necessarily fit, achieved the fullness of the beauty that you might if you not had that genetic deformity or that accident. But people have accidents and people have genetic deformities.

Speaker 2: [05:37](#) It sucks for, that doesn't mean that we change the definition of everything so that those people's feelings aren't hurt. And that is real and truth. Yes. And it's hard. It's hard, but the reality can be hard. Reality doesn't care how you feel. I think we care. You're not reality. Um, I, I agree with all that. And I think if you look at somebody like Nick V who we talked about on the last show, he is, um, magnetically attractive. Yes. I think to anybody who encounters him. And he clearly does not meet the standard definition of beauty because his arms and legs can't be the right, can't be the right length. Right? But there's, he possesses himself. He is fit, he works out right. And he is confident and he is exercising his own personal power to achieve the things that he can achieve in this world, which are huge.

Speaker 2: [06:29](#) Right? So I agree with all that. So even me, Oh yeah. He's to news. His wife is gorgeous. So even within the set of your limitations, just achieving to be the best that you can be. And I want to reaffirm the baseline position that I hold from all of this is that every individual, it doesn't matter whether you're choosing to spend your day eating donuts on the couch watching TV or you're out producing and being fit and all that great, excellent stuff. There's a certain basic value that I believe each individual has. And so I'm not writing these people off and judging and condemning them as bad human beings. Thank you. Uh, we all have our crap that we have to deal with and there's reasons that we self medicate by overeating and not exercise. I understand that the and that, that is hard and that can be difficult to work through. Oh my gosh. Have you seen his wife? She's so cute. Yeah, I haven't, but I would just wow. Yeah. So, but just to finish the thought, actually I lost my train of thought. What was I saying? I totally lost it. Get back on Tinder and start swiping. I was making a point. What was I saying? I don't know cause I got derailed by the same train you do. Okay, great. Thanks Tiffany. Sorry. But this, wait, wait, wait, wait. This is what it's like for me to do the podcast with you.

Speaker 2: [07:50](#) It was a good point. Yeah. No, you just weren't paying attention. Oh, sorry. Yes. You guys should Google her. Not right now. I'm trying to recapture my training. You were

talking about us all having our own crap to deal with. Have reasons for the challenges of the, yeah. So we all have the, we all have stuff and I believe that there can be a great role for empathy and compassion in dealing with people as they address those issues. And I think a great example again is biggest loser. And how they do it. They, they're brutally compassionate in that when they have people on their show, they don't let them avoid their emotional pain. That's a cool term. Yeah, it is. And so they force the person to face, their crap, but then they're extremely compassionate as they're dealing with it. And so I believe there's, there's a, there's a place for it, but I think the point Tiffany and I were making was the way to deal with it is not ignoring it or pretending that it doesn't exist as curvy or is like, I'm so brave for embracing my beauty the way that it is.

Speaker 2: [09:00](#) No, you're not. I'm sorry. You're just fat and you don't want to admit it. So hence the title and you don't want to do, you're right because you want to be fat, not ugly. I could, which uh, I got, uh, I got to give a, I will say I am, I do get a little upset at the people who take pride in their obesity cause cause to me that's like, that's like going way overboard. See now you just generated a whole new wave of hate mail because, because, because now they're saying, look at me, I'm proud of my denial of reality. I'm proud of the fact that I don't want to accept the truth for what it is and that I want to live in pseudo in a delusion. I'm proud of that fact. And if you think otherwise, well you know what? Screw you, you're a bigot and you're prejudiced. Like I mean that's there right now it's making me nervous.

Speaker 2: [09:57](#) So I just got to give credit on your fat cause you want to be, I actually stole that title from Larry Winget who has a book he wrote called you're broke because you want to be. Ah, and he also has another book that I really liked called people are stupid and I can prove it. Ah, ah, ah, he's, he's known as the pit bull of personal development. You know, these, these kinds of book titles. They reminds me of that book. You had me read a while back, but I still think back to on how to kill 11 million people. Oh, such a good book. It's super short and we can't tell you. I know. I'll ask you to read this very short, very short. Very powerful. Yeah. And it's very speaking truth. And part of the power of that book is the title is so provocative that people want to read it.

Speaker 2: [10:46](#) Yeah, it's a good headline. Yeah. Okay. So we kind of wrapped, put the bow on last week's show, which I wanted to do cause I, it really stuck with me guys. I mean it was a good topic. You texted us this morning, he was like, oh yeah, I, so I should probably tell as part of the story too, I hired a Ben Greenfield who has been voted

the number one personal trainer in America. He happens to live here in Spokane and we know each other. And so I hired him to be my trainer. Nice and uh, started my workout today even though we haven't done our console because I felt like I've spent my life saying I'll start my workout Monday. Yeah. Right. So I just decided I'm doing it today. Yeah, it's good. So I did. When is, what is it? When is today a good time to, when is today a good time to start?

Speaker 2:

[11:26](#)

Yeah. Here's the topic I want to talk about today is tangentially related to last week's topic. And I'm thinking of calling this episode. Everything is your fault. Oh God. It's like you been brought down one love hammer. Let's just bring down all of them now. Well, it's, can you hear me? Hear me on this. I want to tell you a little story. I had a kind of a rough week last week. I work so hard, hard bled into this week and I was exhausted. So I basically took the latter part of the week off. Yeah. Canceled all my calls, even skip my mastermind meeting. Oh Wow. And I do that. I told them I worked myself to the point of physical and mental exhaustion. So one member of my mastermind group is Cliff Ravenscraft and he and his wife sent me a video that they made in his studio is personalized message to me, basically saying it started off great. It was like, well, here, you're exhausted where you're not feeling well. We're so sorry. It's, you need to take time and rest, recuperate. And then Stephanie, his wife just says, you know, it's your own fault. Oh, you did it to yourself. Ooh, I say that to try all the time. Sorry. Try. So this made me angry. Confession time. Steph, if you're listening, what's you're probably not, but I imagine Cliff will listen and he'll play this for you. Um, I really got pissed.

Speaker 2:

[12:54](#)

I mean, I pulled out the artillery. I was like, Oh yeah, well you try have, I didn't say this, I wanted to say this. Do you try having Parkinson's and caring glow to a business on your shoulders and working so hard? And I realized as I got into this rant, I realized, Oh, I have switched into full victim mode. So screw that. Yeah. And that's when I came up with the idea, I want to have a tee shirt made that says everything is my fault. Cause I want to remind myself that while I don't control everything that happens to me, I control everything that happens from me. Yeah. Yeah. You should have Tammy makes him up for the team. I'm not sure the team would be cool with wearing a shirt that says everything is my fault. Mean the premise is taking responsibility for your own crap. I want to be clear. Thank you. Taking responsibility for your reaction to life. Yeah. Yeah. And it's so, I mean, I have preached this sermon for so long about not being a victim and yet I slipped right into it. Yeah. Because it's a sweet, sweet, bitter well, and it's easy. I have, I have an interesting

take on this. Why it's so easy to be a victim. Why? And this, this is, this might be controversial. Oh God.

Speaker 2: [14:11](#) I do hope it's going to be some gratuitous sex and violence and I don't, I don't, I don't think so. Uh, our culture has, is, is very altruistic. Meaning. Now when most people hear that term, they just think it means like it's good, it's good. It's not an altruistic gene. Nice to others. Canada, we're given. Here's the deal. When you actually look at altruism and you analyze the position behind it, what is actually saying is that the good is defined, good and bad are defined by whether or not it benefits you or someone else. So if it benefits you, it's bad. If it benefits someone else, it's good. That is the basic underlying premise of altruism that is screwed up. It is. It's a very messed up, but it is. It's, it's, it's, you look at a lot of our cultural hallmark sanes and things like that.

Speaker 2: [14:58](#) It can all be summed up into if it benefits you, it's bad. If it benefits other people, it's good. But there are people listening right now who are saying, but wait a minute, I thought you were a Christian. Yeah. Okay. Well, Jesus wasn't an altruist, so he, he was pretty mean to some people that kind of deserved it. He didn't make that whip. Yeah. And he had some pretty harsh things to say to the Pharisees. And um, I love that he had some harsh things to say to just some other random people to I won't go and do it cause I don't want to get into the other controversial issues. But he was not afraid. Well, like his own disciples, he one time said, how long do I have to put up with you people? Right? Or he called his most favorite disciple. Satan. Yeah. It's like you get behind me, you root of all evil. He said that to his, to his number one guy.

Speaker 2: [15:50](#) Um, the point I'm trying to make is all truism elevates compassion and empathy as the highest virtue that you could hold. So date. So as, as a human, the, the, you are the best human when you are compassionate and empathetic, that's absent all other virtues. Yes. That is the archetype. That is what so many people are achieving two, even though they don't realize that's what their compass is pointing. So is it really such a surprise that if we make compassion and empathy, the goal for virtuous people, that it would be, that isn't really such shock that people want to be victims because then they're going to get the highest value poured out on them. Yes. That's gross isn't that is, but is it really surprising? No, I've, I've actually never thought of that. I prided myself on being a deep thinker. But that's, that's Kudos to you.

Speaker 2: [16:51](#) Yes, that's it. Because when like people wanting, wanting is wanting to be victim, wanting to say all that stuff to cliff and Steph was my way of saying to them, have

compassion on yes. Like you're supposed to have compassion on me. You're not close to the passion that supposed to point out that this is my own fault. Yeah. You're so according to our cultural idea, you're supposed to like care about me and care about how I feel and they do and they do. And Steph really cares enough to say the truth. So anyway, it, so I just think that's an interesting thing. I, something I just noticed in the last couple of months is that Oh, we make compassion and empathy are our highest virtues. Well, it's not surprising that everyone wants to be, I mean, because you look at this, you're like, you look at the me too movement and I know that there's a ton of legitimate stuff.

Speaker 2: [17:40](#)

Oh, here we go, going on. And that there's a ton of stuff that needs to be exposed and a lot of crap that needs to be dealt with. I understand that. And I'm glad at the same, in addition to that, it's almost like a lot of women want to be part of the movement. Totally. Like I want to be part of this group. Me Too. Me Too. Yeah. And it's like, why do you want to be a victim? Why do you want to be part of this group or the compassion? Right. It's like, cause now I'm in the spotlight. No, I realize there are real, this real assault that needs to be dealt with and that's ugly, gross and disgusting. And so there is real power in the me too movement. And I don't, I'm not deriding the thing. I think it's done a good thing and it should continue to expose the evil that the problem is is when you get like the band wagoners that that want to be able to wave the flag and this is a problem with any movement, right, about any issue where somebody is a victim, which is any issue, right?

Speaker 2: [18:37](#)

Yeah. Okay. For the record, I would be, if we were at a bar having this discussion, I'd be so worried about who is hearing it and yet we're going to publish this. Well, I mean even to got to listen. If you're listening to this and you're all upset, dial it down a moment and think about what was just said. We agree that the sexual assault, yeah, that happens around has happened and harassment that happens and has happened to both men and women is totally wrong. You should never be at the mercy of somebody else's sexual agenda that you don't want to be part of. No, especially not like when you're imprisoned by your employer. Exactly. It's horrible. So we, we are totally against that and we are totally in favor of exposing those things and bringing justice and having a movement that has the power to, to, to do that.

Speaker 2: [19:28](#)

What we are questioning is the people who, okay, wow. Dishonor the thing that you're fighting against because they haven't been a victim of that. Yeah. But they want to be or they're looking and they're like, can I interpret this as, as a way that now I can be part of the group. Oh

look, I was just harassed. Now I can say me too. Yes. Well where you really, were you really harassing me? Really assaulted or did they just hug you? I didn't know what I mean like the girl who got pissed off because some guy whistled at her. Right. And she thought that she interpreted that as harassment. That pissed me off actually. Because what's so wrong with that? Well, I'm just trying to decide how far I want to do. I want to go down there cause I don't know, I mean there's, there's different levels of interpretation.

Speaker 2: [20:17](#)

Like, if, if a, if you come into the office and I say, you look really nice today, am I harassing you? No, no, exactly. So part of it, I mean, I can imagine that some people will say, well, it's based on my personal interpretation. Well yeah, but I'm not in charge of how you interpret reality. So I can't control that. We have to be offended almost. Yeah, just wait. That's what I'm talking about. It's the people who are waiting to be offended and it's, it goes back to this, the culture has set compassion, empathy up and to make victims like the prize, like if you want to be a compassionate person and, and to beat the best human you can be, you're looking for victims. Like, like, where are the victims? I want to find me. Some victims can be a good person. What about, I'm trying to think about this from the other side of the discussion.

Speaker 2: [21:05](#)

What about the person who clearly was a victim? Yeah. And they say, but I was a victim. Well, that's what I was going back to. This movement is very powerful. And, and, and, and our practical it, I'm not deriding the movement now people who were attacked and we're a victim. There are instances where it was not your fault. I'm not saying that people butting in and jumping on the bandwagon, make the real victims less less. What is it? A viable life. Less powerful. They make, they make debt, that person's situation less significant. And we're not saying that people aren't victims. If you are, if you have been harassed or assaulted by your boss or something like that, you can be a victim. Now, do you have to be a victim mentally? Yeah. There's a difference between being victimized and taking on the identity of victim.

Speaker 2: [21:55](#)

Yes. If, um, so if something happened to me like five years ago and I am continually going back to that, I mean it may have been traumatic. It might be something I need to work through. Right? Psychologically it's through counseling or whatever means are available to me to get my emotional baggage unpacked and get rid of that. But if I just keep going back to it and reliving it and rehearsing it in my mind and following along in those, fine who you are today, why don't you those feelings, letting it define who I am today and constantly feeding

that back to the world to say have compassion on me because five years ago this thing happened to me, therefore I should be absolved of all responsibility for everything in my life. You should take care of me, should have compassion on me. Yes. That is adopting the identity of the victim.

Speaker 2: [22:37](#) Yes, and I guess the question is do you want to do that and it holds people back. Absolutely. It's gross. It makes me feel when I, when I really started adopting more the ethics of objectivism or or rational based philosophy, which this is where this is coming from, is as much as it might make me seem more brutal and harsh on my fellow man and woman, it is actually giving me a ton more compassion for people because I understand on a greater level why they're hurting and it's like you don't have to hurt. You don't have it. You don't, it's because our culture's taught you to think crappily like, and, and I just wish I could show you how to think better and you'd be a happier person. Can I just say how proud I am that you used the word crappily but I mean, it's true.

Speaker 2: [23:23](#) I used to not, I mean, I used to, you know, have compassion on people because I thought I was supposed to like, oh, this is, this is what a Christian, I'm supposed to be moved by compassion towards people. And so I really like us, like tried to work myself up into that. But once I let go of that and I just realized, Hey, you know what? Shit happens to me because it's my own damn fault. Um, and to other people because it's their own damn fault. And initially that makes me seem like a harsher person. It made me go, oh, that really sucks. Well, and I want to be clear as, I really don't want to hurt for people. I want to clarify something here. There are things that happened to people that are not their fault, but their response, yes is their fault. Right?

Speaker 2: [23:57](#) Yes. Not even, not even the initial response. I mean, if something horrible happens to you, your, your initial response is going to be fear. Yeah. Horror, terror. I get all that. And your initial, you might initially take on the mentality of a victim because you're in the middle of being a victim. Anybody would, that's fine. The question is, when it's over, how you get, how you process it, how do you move forward? Yeah. And I, I'll just say I, I also have adopted most of the tenants of the philosophy of objectivism, married together with some tenants of Stoicism, which people think that these philosophies are brutal, harsh, austere. I don't think they are, I mean, stoicism, if you boil stoicism down, what it basically says is stop worrying about things that are not under your control. Right. That stoicism in a single sentence. Well, I, one thing that I noticed too, I know that we're kind of

getting into the, just talking about philosophy in general now, but, uh, well that is the discussion discussion.

Speaker 2: [24:48](#)

Leonard Peikoff, who's the head of the objectivism right now, he makes it, he makes a comment. It was book objective isn't the philosophy vine rant. He says, a lot of people think, you know, because we talk so much about logic and reason and rational processes and stuff that, that we're not emotional and that we don't think humans are emotional beings because there's this assumption that logic and reason are counter to emotions. And he's like that. We don't believe that at all. That's a, that's a mind body dichotomy that we don't agree with. Um, we actually believe that the more rational you become, the more emotional you get because you understand why you're feeling what you're feeling. Yes. And you give yourself over more fully to those feelings cause you're not conflicted internally. And so irrational person, a logical person once they've cleaned up their worldview actually has a far more emotional person.

Speaker 2: [25:28](#)

And I have found as I've gone through this philosophic journey over the last two years, I have become a more emotional person. Um, yeah, yes, yes. Yeah, for sure. And uh, and it's because it's like no myra emotional risk. I know now that after I think about this, that my emotional response to this thing is logical and valid and I'm no longer conflicted about it. And now I'm pissed because whereas before I was like, I'm not sure I should be mad about this because I feel like I am mad, but I'm not sure I should be our emotions spring from first our thoughts. Yes. And so I'll just be in the spirit of full revelation and speaking about this idea of everything is my own fault. Um, I, part of what happened for me over the last week or so as I plummeted back into depression and, uh, I'm going to, I'm going to out your mother now.

Speaker 2: [26:12](#)

Oh, she said finally she said, okay, you got to do something and deal with these depressive episodes. I'm tired of them job. Ouch. She speaks the truth cause she cares. Yes she does. I absolutely believe that. And so that made me angry. But it was part of that whole realization that I had slipped into that victim mentality and I realized, okay, so let me ask myself these questions is logically am able to effect, maybe not cure because I have a neurological thing going on, right? Then I'm able to affect my mood with my thoughts and my physical actions. And the answer is clearly yes. So what have I been thinking about and what I've been doing physically and what I've been thinking about was all the bad things that could and would and had happened and what I had also not been doing was anything physically active. Right? So I got off my butt and went to the gym and I, it's ever

since I had this light bulb moment, once again, facilitated by Lynn, my beloved.

Speaker 2: [27:20](#) I just been aware when I start slipping back into thinking about the stuff that makes me feel bad, I just instantly think, oh, I'm thinking about this again. So I have to consciously shift my thoughts to something else. And invariably it's the things I can control, right? Because those are the only things you can do something about it. There's a, there's a, it's funny rand and talking about this, she quoted up, I think he's a Catholic priest. I can't remember and I'm going to botch this quote a little bit, but it's uh, it's uh, um, Lord give me the courage to change the things that I can. Oh, the peace, serenity to accept the things that I can't and the wisdom to know the difference. Yes.

Speaker 2: [28:07](#) I think it was Saint Augustine anyway. It's just, it's, it feeds right into this, which is, it's the mentality you have to, there are things that you are in control of and you'll have to identify those and take responsibility for. Then there are things you're out of control of and you have to let them take a lesser role because you can't control them. And then you need to know the difference between the two. Yes. You need to recognize what's in the locus of your control, right. And focus on that. And yet we're, a lot of people get tripped up. They think that what's in their control is, is their significant other, oh, that's a mistake. But it's, it's very prevalent. It's a common mistake. But I can assure you as one who tried for a long time to control my significant other, that is not possible.

Speaker 2: [28:51](#) Nor does it result in happiness. Right? So abandoned that. Track all ye who enter here. Um, so this is good. And for that one guy who wrote, wrote the review recently of this podcast saying this is not a podcast about marketing and business. Um, first of all, this has everything to do with business, everything to do with marketing. Because as a marketer, you're speaking to people's deepest desires and fears and frustrations. So this is all about that. What you, you want to get into marketing. Let's talk about last week's episode. Any ad that feeds into the, you're beautiful. Just the way you are unethical marketing because it feeds into feel like a victim. Yeah. Taste the sweetness of being a victim of being a victim and not having to take responsibility for your life. Bad Ad. Yeah. I'm going to, I'm just going to target and I see their plus size models and their swimsuits and I'm like, I know what you're trying to do, but this is, oh, here we go.

Speaker 2: [29:58](#) I, this is, this is, this is feeding into an ideology I don't agree with. We talked in a previous episode about addictive tactics and marketing appealing to the victim. Mindset is appealing to an addiction. Yeah. So when

you're, when you're feeding into those things, you are appealing to someone's addiction and you're feeding it. It's like giving someone cocaine and saying, I'm doing a good thing cause I'm making them feel better. See the, see when they don't have cocaine, they get all crazy zoom cocaine. They feel better. They're happy when I tell them that they need to take responsibility for their lives. They're not happy when I tell them they're a victim and they don't have to worry about anything. Oh they buy all my shit. I don't think it started with the marketers or stolen or anything. No. The marketers have to respond to the culture. I mean the marketers and the businesses have to get it product perhaps with Satan, with safe.

Speaker 2: [30:49](#)

This is not the episode to get into this. I'll just tease it a little bit. This isn't an upcoming episode. The emotion code. See if I get this right because we have a practitioner in the room, the emotion code, the, the theory is that you have these emotional trigger points in your past that you hold in your body physically, you retain them in your body. And so what the emotion code is about is about releasing those emotions physically from your body. Did I get that right? Trapped emotions. Yes. So, um, and this fits actually into something we've talked about before because, and we've talked about do we actually have a subconscious mind? And I've often said, I don't think we do. I think we have an unconscious mind and I think that is our body. That's my current theory. Okay. So that's the less Arteric an off the mark for this episode, but we'll talk more about that in upcoming episodes.

Speaker 2: [31:38](#)

That's rather interesting. So, um, to get back to everything is my fault. Yes. My, my reason for using that phrase and I've decided now I'm actually going to get a t shirt that says that it's to remind me that I'm responsible for my response to life. I'm not, I can't control everything that happens to me, but I can control everything that comes out of me. You know, you know, you've been getting, you got in to tattoos and when you start thinking about getting a tattoo, I was actually thinking about getting a tattoo as well. How come you bagged out? Uh, I don't know what to get. Just get on Pinterest. Just close your eyes and I need to be very intentional about wanting to get on. That's what I thought too. And I was, but I did it at some point. You have to take time for thought.

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I would do this, but I'm actually considering the, uh, the, uh, the phrase to get into Atlantis and atlas shrugged. I swear by my life and the love of it that I will never live for the sake of another man, nor ask another man to live from mine. That's going to be a big tattoo because it's going to be Rad. But it because it, because it feeds, it feeds into all of it. You can get that on your ribs and it looked like super. So with like an octopus, it will be

motivation to keep those abs toned up. Yeah. Cause you want to show off the tattoo you got a golf shirt, golf shirt. Right. I think that's awesome. I don't know. I think I've always thought that that's a little cheesy, but I just think it's great summation. I like, well I know a great tattoo guy.

Speaker 2: [33:01](#) Oh yeah. Chris Jacobson and I tasked one with trying to come up with an artistic drawing. Yes. Yeah, he's totally an artist. An artistic version of A's. A so I might, I might, uh, might have to copy a couple of your ideas is, is is a small, it's like how would you, I mean, what do you call that? It's like a summation of the principle axiom. Axiom. I know. Like, like, like uh, like the term, it's like a term used to represent the philosophic concept of the law of identity. It's this, this, okay. It is what it is. It's everything that exists has a certain set of characteristics that make it distinct from everything else. So your water bottle sitting here has certain set of characteristics. It's round, it's clear, it's, you know, it's got this color, it's made of plastic. It's got this amount of water in it.

Speaker 2: [33:53](#) Even if you had a water bottle that looked exactly like it sitting next to it, there would be characteristics that make this one distinct from that one. So law of identity says everything that exists is distinct from everything. And that's the beginning of logic. That's beginning of reason. And it is summated in a is a, is a cannot be both a and B at the same time. So you cannot be beautiful and ugly at the same time. Yes. Tie It back to this episode. Oh yeah. So do you just get a tattoo of an a no, no, no. So it would be, it would be some sort. I was like, I told one, I was like, it seems boring, but I would like some sort of cool tattoo looking version of a is a or a equals a. And he liked that one better cause he could do more with an equal sign.

Speaker 2: [34:31](#) And, um, he's gonna, he's gonna do you know there's a, there's a key phrase in the Bible that I think is the equivalent of age. So what's really interesting, so a is a, is considered by a lot of people at the beginning of all knowledge. Because in order for you to know anything, at some point you have to implicitly accept the law of identity saying that the thing is, is what it is. And that's, that's how you begin to know anything. Otherwise, if everything is everything, then you can't know any it is what it is or it's nothing. I am. Yeah. Oh, so and then, and then I realized one day the name of God and translate it into English. And the Old Testament is I am that I am a is a, is a stat is a good note with which to end this podcast. The name of the name of God is warming up.

Speaker 2: [35:16](#) The name of God is the beginning of all knowledge. Yes. And we're not ending cause now it's time for the part of

the podcast I headlined is Tif. Tif. Okay. It's going to be a variety of things, a variety. It could be to questions, which is awesome and I really want those. Sure. I think that'd be fun to do with you. Some of them are going to be the, would you rather sure. Okay. Those were fun. And they ignite your driving now conversations. Okay, here we are. Would you rather lose all your money and valuables or all of the pictures that you've ever taken?

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Oh, money. Yeah. Cause I can get some money back. Yeah. Oh yeah. I get seems to come easily to you. Money is the easiest thing. I have found it to be very difficult. So maybe it's maybe in one of our new podcast in the next podcast we'll do another one. Yeah, bout money, you know, and I'll do my teaching on money and you'll understand why it's the easiest thing. Okay. I think I've heard you talk about a little, a little of that, but that'd be interesting. Please me. Money, money, money, money, money. Yes. No. Yeah. Mitten photos cause he can't get it back. Okay. This is kind of goes along with another question I wanted to ask you, but would you rather be famous when you are alive and forgotten when you die or unknown when you are alive but famous after you die? I have an answer to this that has changed over the course of my life. I don't care what we'll do. You care what your legacy will be? No,

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that answer actually really surprises me coming from you. I know we've been, we've been really big on like leaving a legacy and leaving his and I, and I want to like, I want to leave stuff for my kids, but I think what my dad's driving at here is one of the things that objectivism has helped us with is not caring what other people think and so not making life decisions on like how, how big can I make my pyramid? Yeah. I think when people talk about leaving a legacy, what they're really talking about is what stuff can I put my name on that so that people will remember me and remember what a good person I was and how admirable I was and how noble I was and I don't, I don't really care about any of that. How big can I make my pyramid at exactly at the time in my life when I'm least interested in having a big pyramid, I have the biggest pyramid of ever had, but I do want to make an impact on people's lives for the positive. I want to do it because it makes me feel good and because it makes me money. Yeah. I mean imagine if you, instead of spending your whole life building a pyramid so that people can remember you after you die, that you spent that time using those resources to enjoy life and to build up enough wealth so that the people that you love can continue to enjoy life after you're gone. Like that seems like a much better.

- Speaker 2: [37:56](#) Yeah. Way To think about it. Okay. I have another one. Okay. Would you rather be alone? This is actually funny. What'd you rather be alone for the rest of your life or always surrounded by annoying people. It's horrible. It's like too, that's a horrible thing. Horrible things. But I think I have an immediate answer hers. I think about it. I'd rather be surrounded by the annoying people because I probably could learn how to tolerate and even enjoy their presence. If that was my only choice. Yeah. And I can tune them out. Yeah. But if I'm alone, yeah, I can't fix that. No. Without help. So depressed. I can't fix that without going a little crazy. I had ray, you have the Holy Spirit. That's always you, right? Yeah, that's true. But true. But even even need people. But even God said it's not good for man to be alone and Korea and he was there so he would know. So I mean, or she would know. He recognizes that there's a piece of our soul that even he cannot fulfill. Ooh. Deal with that. Hello? Boom. Mike. Drop. Wake up. Okay. Can we do one super shallow one? Okay. I don't know what we can do. Shallow. I don't know.
- Speaker 2: [39:01](#) Would you rather be able to teleport anywhere or be able to read minds? Oh, read minds. That would be so creepy. If you could read minds like if you were around somebody that I'm not, I'm not sure I would want to be able to read minds cause I'm not sure. I really wanted to know what people are thinking all the time. I didn't actually, as soon as I said it I realized I would probably probably be tempted to use it in. Of course you would not great ways, not like weird gross ways but like to exploit to get money.
- Speaker 2: [39:31](#) So and in that sense, no I can actually think of, I can't think of very many good things that would come out of that. But being able to teleport as long as your tele portion teleportation technology knew how to calculate for the movement of the planet and did not involve disassembling use so that you no longer exist in the only a copy of your, if it actually moved you from point a to point B you and not a copy of you and it knew how to do that so that you didn't end up in space or in the center of the planet that degree. Okay, then teleport. Where would be the first place you go? Top of the pyramids.
- Speaker 2: [40:08](#) We had a similar question on a previous episode. I thought about this more. I said, I said to the White House and that was his, the Vatican that was flying. So my answer to this one will be the highest point on the earth. Does that ever because I want to be on the highest point in the earth. Why? Because I want to see that view. How many people have seen people struggle to get to the top, the highest point of the earth and that in itself is a reward. Wouldn't it be kind of a let down to just derive no, I don't think he would be a let down. I, I've, I've actually thought about the Everest expedition thing cause

if you have enough money, you can just pay and go and somebody lead you up there. But it's still super hard and dangerous and dangerous. And I think I'm not being defeated so I'm not being a victim here.

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But I think logically analyzing that particular adventure, I don't think that's for me at this point in my life. I just don't think it's realistic. It's not a risk that I want to tell you really desire it. The risk reward ratio is not enough for me, but if I could teleport there and just be there, yeah, that'd be nice. But I'm up for that. No, no. You wouldn't have to say no, but I can't get the same. I can't, I can't climb Everest. I mean, realistically, would it be satisfying experience for you to be able to be cool teleport to the high? Doesn't mean I don't want to climb mountains that are capable of climbing. I do want to do that. Yeah, I'm thinking about canyoneering so somebody who's into this, something about this when might take me something about this conversation made me think of this uh, video.

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Just watched, maybe we can end on this or unless you have another question. But um, someone asked, it was on this channel I called because science, which I love this chat and someone asked a, they were doing a Q and a quick Q and a episode. It's like wait a minute, wait a minute. You call it, you call it because science or they call it? No, the channel I believe is because science. Okay. I thought it might be another channel with the less, no, it was on a channel called Nerdist but it became so popular if it moved to its own channel. So someone asks a question cause they were talking about the sun and everything and they ask a question. If you could hear the sun, how loud would it be? A, it doesn't make noise. And so he's like, well let's talk about that. The Sun is just a bunch is like a giant, giant fusion explosions.

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Like just basically h bombs going off all the time on the surface. And it's like, so if you, it's like if you were in the sun's APP, quote unquote atmosphere, if you could survive the temperature, it would be like 392 decibels, which would instantly kill you like two or three times over. And they said if, if the, uh, the space between the earth and the sun like had a medium, like an atmosphere to transfer that noise, even though it's an over 9 million miles away on earth it would, it would be 90 decibels, which is a quiet rock concert. Wow. This reminds me of, or he said, it's like if you're standing next to a motorcycle while to revving, that's how loud the sun. That's if the sun could transfer sound through space. That's how loud the sun would be. 9 million miles away. They told us what they wanted was a sound that could kill someone from a distance.

- Speaker 2: [43:19](#) Okay. Wait, can I just say, I feel like I needed to have more questions and I would love to have people send me questions but not copyrighting questions or marketing questions. Do you think that's a good idea? Just send your questions, send your questions, whatever you want to ask you all how spe specific marketing and business question times. And we'll have random June at times because people do want to hear the marketing business questions. They want to know, they want to know the headlines. And I love marketing, I love business. I also love other things. So again, I want to dress the people who've complained loudly about the different topics. Look at the title of the podcast. Please take a note of what the name of the podcast is. It's the Ray Edward Show. It's my name on the show. I'll talk about what a damn well please. And that comment was like from a year ago.
- Speaker 2: [44:05](#) Oh. Oh, you just read it to me yesterday. I know. Why'd you do that to me? I don't know. I was just going through your reviews. Trying to provoke me. Yeah, I was actually trying to find ones that were not five star and pretty much all of them are except for two of them. Yeah. Okay. And that was one of the ones. Where should they send the questions? Tiffany, Tiffany at Ray Edwards. Dot. Calm Bald. I'll say it again as bold. It is bold. Is it though? Yeah. We'll just just, you wait till you start getting the weird emails. I might find some enjoyment in those two. Oh, right. That's a different show. Okay. If you found this show helpful, subscribe to it on the Apple podcast directory and please leave a review and you can get the show notes and find out all of the good goodies about the show. Good. Good, good, good. He's got some good, good. He's got some good good. He set ravers.com forward slash three seven seven Yup. Yup. A ruse. Okay. Bye.
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