



## The Daily Ray, Episode 13

### Design Your Life First

**Automated Speaker:** It's Wednesday, March 11th and this is the Daily Ray.

**Ray Edwards:** Welcome to the Daily Ray and it is time to talk about Coronavirus, fear and politics. Don't worry, I'm not going to get into discussing candidates. I'm just going to say this Coronavirus thing is serious. Yes, but is it as big as the news media makes it sound? No. And why? We talked about yesterday, we talked about the fact that it's commercially more viable. They can sell more commercials, more spots if they're selling blood and fear, but the other element is politics. This Coronavirus has become a political football. It's an opportunity for politicians to make their case and win their day. Do not be caught up in the fear and look at this as an opportunity, the opportunity to redefine how you want to live. How do you want to live? Do you want to live in a way that you're in control of your destiny and control of your life?

Then take this moment to ponder what you do for a living while you do for a business. Is it what you want? Think about what you want and define your business and your work by what you want out of your life. I often teach people, I always teach people, design your life first and then design your business to support the life you want to have. Be reality. Design your life first. Then design your business to support your life. That's the way she go. Most people unfortunately do it the other way around. They design their business first and their business then defines their life. No, no, no. My friends this not the way to do it. Not the way to do it at all. This is what the clarity conference that we're putting on in the 20th and 21st year in Spokane is all about. It is about defining first your life.

Like if you wanted to lead defining your purpose, your mission, then defining your business to fit around all that and to support it. You should be supported by your business. Your business should work for you. You should not work for your business. That's what I'm trying to say. So, the clarity conference will give you that. I've got some questions I want to answer about that conference. Disobey short episode today of the live at five in the daily Ray, because I've got so many things going on, I've got to get to him.

So, here's the questions as they have come in. Question, do we still get a license to reproduce the conference? Do your own seminars and workshops? Yes, you do. I'm

giving it to everybody. We did cut it off at one point as an early bird bonus, but we're giving it to everyone because we want this message to spread as far and wide as possible. So, when you sign up and you come to the conference or you attend the streaming version, you get the workbooks and you get to license to put on your own clarity conference under your own name. All we ask is that you remember to give us credit, but you don't have to pay any additional money. You don't have. You can charge whatever you want to for your own conference. You pay us nothing, not a penny beyond the fee you paid to be at the conference. And it is, by the way, for those of you who missed it, and it is streaming now. So, we're going to be streaming the 20th 21st live. So, you don't have to get on an airplane, you have to go to an, you got to get an expose yourself to a virus. You may come in person. We hope you will because we are not giving into fear.

We're going to be here. I'm not worried about contracting the Corona virus anymore. I'm worried about contracting the flu. They're both serious. They can be serious. I don't take them lightly, but I don't buy into this pandemic fear that everybody seems to be buying into. We're going to look back on this, we're going to say, wow, what were you so upset about? So anyway, you can come to the live version person, which we hope you will. Or you can come to the streaming version of only, which you may if you wish, or if you're unable to be here live for whatever reason. And we're recording it. So, if even if your internet connection goes flaky or our internet connection goes flaky, you will still get the recordings of the full conference. Plus, you get the right to reproduce the conference of you're on your own, not the recordings, but you can put on your own conference will give you the workbooks.

We'll give you the sales copy, put on your own clarity conference and keep all the money. Everybody who comes gets that benefit. Boo-yah how's that for value? Less than a thousand dollars for the whole thing, 995 so get registered today. Go to [rayedwards.com/clarity](http://rayedwards.com/clarity). Forgive me if my addiction sounds a little off this morning. I said a little slurry. It's frankly, it's because the, I didn't take my Parkinson's medication early enough for the broadcast. So, if I sound like I'm drunk, I'm not, somebody already asked me are you drunk? No, I'm not. Thank you for asking though. So, Oh, by the way, if you want to text me now, you can text me directly. Go to a (509) 303-4431 go to it like it's the URL. Just text me at (509) 303-4431 and I'll get your text message. We're starting a texting community. We'll be able to communicate with you directly and I'll have special deals, opportunities, meetups, and things of this nature via the text communities.

This is just the beginning of it. You're not signing up for anything. If you're texting me this morning, you're just texting me saying hi and direct text number. Okie dokie. I told you short this morning is going to be short. Any questions you have, I will answer them for the next few minutes. Cynthia asks, how do you keep your great attitude every day? Well, the truth is, I don't keep it every day, all day long, some days don't start out with me having a great attitude, but it used to be okay. I want to give you the real answer. The real answer is by focusing on the grace of God and the presence of Jesus Christ. That's how and controlling my thoughts. You know in the Bible it's very practical. If you're even, you're not a spiritual person. The Bible is very practical. It says take every thought captive. So, I control what I think about which controls how I feel, and it used to be that I'd be down for weeks at a time, that it became days at a time that it became hours at a time. Now it's down to mostly just minutes. I get into a bad mood

or seeing him do a little bit of self-victim thinking. As soon as I recognize that I'm able to switch it off by changing what I'm thinking about changing my physiology and my body with the way I'm moving the way I'm breathing, what I'm thinking about what I'm speaking what I'm saying out loud. So, and then the other part of it, since he is, I wake up every morning thing. I'm alive. I'm alive in this beautiful world we have, we have technology where we can talk to thousands of people for free like I'm doing right now on a simultaneously on Instagram, on YouTube, on Facebook, on LinkedIn, on Periscope. I mean, come on. That's a miracle. It's a, it's a modern miracle that we get to do for free. So, it's hard to have a bad attitude, and gratitude is the real bottom line key.

I'm grateful to be alive. I'm grateful for my wife, Lynn. I'm grateful my son, Sean. I'm grateful for my pugs, Bobby and Butter. Gratitude covers a multitude of depressions. It's hard to be in a bad mood when you're grateful. God bless you all. Thank you for being here and just remember whatever you're facing today, it is only there to strengthen you. Be well, be blessed. I love you very much and not in a weird way. Text me (509) 303-4431 and we'll round it out with a quote from Andy Andrews courtesy of Matt McWilliams. Andy Andrews wrote, it is impossible for the seeds of depression to take root and a grateful heart. Amen to that. Thank you, my friends. God bless. See you tomorrow. 5:00 AM. Go make a difference.

**Automated Speaker:** The clarity conference is happening this month and you should be there. Visit [rayedwards.com/clarity](http://rayedwards.com/clarity) and join us in person or via live stream. Back tomorrow morning at 5:00 AM Pacific. Live on Facebook, YouTube, Instagram, and Periscope for another Daily Ray.

**[END OF AUDIO]**